

## Please Join us for a Day of MOVEMENT & FUN!

Looking for a fun, family-friendly way to MOVE? Grab four friends, colleagues or family members to form a team of five, and roll into action at the 5-pin bowling lanes at the Merritton Community Centre. All ages welcome!

## Help us break down barriers and change lives.

Your participation, passion and generosity help to raise funds to support children and their families by providing access to YMCA of Niagara programs. Every MOVE—every step, stroke, jump, and strike—helps provide access to experiences at Summer Day Camp, Swim Lessons, and Youth Programs.

## Registering your Team of 5 is easy!



## Feeling MOVE-ed to join in? Register online!

Questions? Contact: philanthropy@niagara.ymca.ca



