

Saturday, March 1, 2025

Adaptive Performances

Date and Time: Saturday, March 1 2:00 pm - 3:00 pm

Address: Thorold Senior Citizen's Centre - 8 Carleton Street, Thorold

Adaptive Performances – Family Friendly, Accessible, and Inclusive

Presented in partnership with the Thorold Public Library and the Thorold Senior Citizen's Centre.

Nov. 9, 2024 2 p.m.

March 1, 2025 2 p.m.

May 31, 2025 2 p.m.

There is no cost to attend our adaptive performances, but to reserve a seat please call 905-468-1525 or email to info@galleryplayers.ca

Accessibility Requests

Please call (905)- 468-1525 or email Margaret at info@galleryplayers.ca to make an individual request

Concert Features

- All responses and expressions welcome.
Feel free to make noise, get up, or stim as the music moves you!
- Wheelchair accessible venue
- Venue Guide available on our website
- Fidget toys and noise-cancelling earmuffs can be provided upon request (limited quantities, please your own if you can)
- Flexible seating and a separate respite area for breaks.
- This concert is 1 hour long; our musicians will invite the audience to join them in stretch breaks

Monday, March 3, 2025

Best Buddies Brock Flag Raising

Date and Time: Monday, March 3 11:30 am - 12:00 pm

Address: 50 Church St

You are invited to attend the Best Buddies Flag Raising Ceremony at City Hall, brought forward by Community Living St. Catharines in partnership with Best Buddies Brock.

Date: Monday, March 3

Time: 11:30 a.m. to noon

Location: Front Lawn, 50 Church St.

This event celebrates the incredible work of Best Buddies Brock, an organization dedicated to fostering inclusion and meaningful friendships between students and individuals with intellectual and developmental disabilities.

Wednesday, March 5, 2025

Spaghetti Night at the Port Dalhousie Lions Club

Date and Time: Wednesday, March 5 5:00 pm - 7:00 pm

Address: 201 Main St., St. Catharines

Join the Port Dalhousie Lions Club for our monthly all-you-can-eat spaghetti night!

Spaghetti, meatballs, sausage, salad, and all the fixings - just \$14 for adults and \$5 for kids under 10!

Cash bar available.

Debit and Credit is available at the door.

Port Dalhousie Lions Club - 201 Main St. - 5 to 7 p.m.

Order takeout & delivery at <https://dinelocal.at/port-lions>

(Pro-tip if you're going to be doing takeout - order ahead online, and we'll have it ready for you!)

Thursday, March 13, 2025

Living Safely in the Community

Date and Time: Thursday, March 13 10:00 am - 12:00 pm

Address: Online via Zoom

Explore how persons living with dementia can live safely in their homes and in the community. Living at home might give a person living with dementia a sense of freedom and familiarity. It may be possible to support a person with dementia in maintaining their favorite routines or activities by making minor adjustments to their living space.

Join us as we discuss strategies to create a dementia-friendly environment and ways to live safely in the community.

Register by calling our office at 905.687.3914 or visit us online at www.alzheimerniagara.ca/publicforums

Saturday, March 15, 2025

RBC Training Ground Qualifier

Date and Time: Saturday, March 15 9:00 am - 1:00 pm

Address: Canada Games Park, 2021 Canada Games Wy,

RBC Training Ground finds and funds athletes with Olympic potential. This free national talent identification and athlete funding program gives young athletes (ages 14-25) the chance to test their speed, power, strength and endurance in front of official sport partners to see if they are suited for an Olympic sport. Over the first 9 years of the program, RBC Training Ground has tested over 16,000 athletes from across Canada in search of Olympic potential. To date, we have had 21 RBC Training Ground alumni reach their Team Canada dreams by becoming Olympians, with 12 of these 21 athletes bringing home 14 Olympic medals from 3 Olympic Games.

St. Patrick's Day with The Postmen in Port Dalhousie

Date and Time: Saturday, March 15 8:00 pm - 11:55 pm

Address: 201 Main Street, St. Catharines (Port Dalhousie)

Join the Port Dalhousie Lion Club as we celebrate St. Patrick's Day with The Postmen!

Enjoy Niagara's Favourite Celtic Party Band as they pack the dance floor for another great party at the Lions Club!

Tickets are \$30 and include pizza and snacks throughout the night.

Cash Bar with Debit / Credit available. \$5 Domestic Beer /Wine. \$7 Guinness and Jameson.

19+ Event

Tickets and more information at <http://bit.ly/lions-st-patricks-2025>

Sunday, March 16, 2025

Bach on Turtle's Back - Year 3 - Rebirth

Date and Time: Sunday, March 16 3:00 pm - 5:00 pm

Address: Robertson Theatre FirstOntario Performing Arts Centre 250 St. Paul Street, St. Catharines

Bach on Turtle's Back - Year 3 - Rebirth

Birth, death and rebirth resonate as universal topics of human expression. Combining the

C major Violin Sonata and *E major Partita* of J. S. Bach, the choreography of Brian Solomon,

and selected Bach arias, "Rebirth" explores and reconciles these profoundly human concerns

within a uniquely Canadian context. In this, the third and final concert of our Bach on Turtle's Back project, we are proud to premiere a new commission from Cree composer Andrew Balfour, scored for period string quartet and baritone (performed by Jonathon Adams & the Eybler Quartet). Join us for the culmination of this multilayered, multi-discipline project, a true feast for the senses.

Directed and Choreographed by Brian Solomon.

PERFORMERS: Brian Solomon; Jonathon Adams, baritone; Julia Wedman, solo violin; Mariana Medellin, dancer. Eybler Quartet: Julia Wedman and Patricia Ahern, violins; Patrick Jordan, viola; Margaret Gay, 'cello.

Tickets available on our website \$10, \$25 or \$40 - general seating and you choose price, or Pay-What-You-Choose at the door of the concert.

Wednesday, March 19, 2025

Car Seat Safety Event

Date and Time: Wednesday, March 19 6:00 pm - 8:00 pm

Address: 219 Church St., St. Catharines, Ontario

Niagara Region Car Seat Safety Event, hosted by St. John Ambulance and its Niagara Region Car Seat Team. Wednesday, March 19, 6-8 p.m. at St. John Ambulance, 219 Church St. in St. Catharines. Come join passionate educators for an evening of interactive discussion about child care seats, including how to properly use and install them. Registration is required, as space is limited. Call to register: 905-685-8964.

*As a charitable St. John Ambulance gratefully accepts donations for its events to maintain its unit.

Saturday, March 22, 2025

General Meeting - Garden City Gardeners

Date and Time: Saturday, March 22 9:00 am - 12:00 pm

Address: 8 Ottawa St.

Everyone is welcome to join us. Speaker: Joe Prytula, WeeBeeHouse. Topic: What Makes a Native Bee Nesting Habitat Successful. Doors open at 9:30 am for coffee and treats.

Tuesday, March 25, 2025

Annual Top Hat Ceremony

Date and Time: Tuesday, March 25 10:00 am - 11:00 am

Address: 1932 Welland Canals Parkway

Join the Great Lakes / St. Lawrence Seaway Corporation for the annual Top Hat ceremony, marking the annual re-opening of the Welland Canal. All are welcome.

Advanced Care Planning

Date and Time: Tuesday, March 25 6:30 pm - 8:30 pm

Address: Online via Zoom

Advanced Care Planning is the process of thinking about your wishes and directions for healthcare and end-of-life situations and communicating those wishes to the person/people who will make decisions for you if you are not able.

This webinar will help provoke thought and conversation about the importance of Advanced Care Planning. We will explore the role of a Substitute Decision Maker / Power of Attorney and look at tools for creating your Advanced Care Plan.

Register by calling our office at 905-687-3914 or visit us online at www.alzheimerniagara.ca/publicforums

Wednesday, March 26, 2025

Downtown Heritage Conservation District Study PIC #2

Date and Time: Wednesday, March 26 5:30 pm - 7:30 pm

Address: Market Square, 91 King St, St. Catharines, ON

The City has released a draft version of the Downtown Heritage Conservation District Study. You can read the study and learn more about the project here: <https://www.engagestc.ca/downtownhcd>

The PIC (Public Information Centre) is intended to provide information to the public about the Study and provide an overview of the recommendations. Doors will open at 5 p.m. with a presentation starting at 5:30p.m. and a Q and A afterwards.

Port Dalhousie Ward All-Candidates Meeting for City Councillor

Date and Time: Wednesday, March 26 6:30 pm - 8:30 pm

Address: 80 Main Street, Port Dalhousie

Ahead of the [Port Dalhousie \(Ward 6\) by-election](#), the [registered candidates](#) will take audience questions and you will have an opportunity to hear the candidates present themselves and their vision for Port Dalhousie. Ask the questions that matter most to you on the Port Dalhousie ward and St. Catharines. The event, sponsored by Port Dalhousie Conservancy, will be moderated by Diane Simsovic. Doors open at 6 p.m., with the event taking place from 6:30-8:30 p.m. at Smiley Hall, St. John's Anglican Church, 80 Main St. in Port Dalhousie.

Thursday, March 27, 2025

St. Catharines Heritage Advisory Committee Meeting - March

Date and Time: Thursday, March 27 2:30 pm - 4:30 pm

Address: YouTube

Monday, March 31, 2025

Transgender Day of Visibility - Flag Raising

Date and Time: Monday, March 31 3:30 pm - 4:00 pm

Address: 50 Church St

Date: Monday, March 31

Time: 3:30 to 4:00 p.m.

Location: 50 Church St., St. Catharines | Front Lawn

Join us for the Transgender Day of Visibility Flag Raising as we come together to recognize and celebrate the resilience, achievements, and contributions of transgender individuals in our community.

This event is organized by NTAC (Niagara Transgender Action Coalition), a dedicated group of community members and service providers committed to supporting and elevating transgender individuals in the Niagara region.

