

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 5:30 am Any Age Lengths - Lane Pool 6:00 am Soak and Stretch 6:30 am Any Age Lengths - Lane Pool 7:00 am Leisure Swim 8:00 am Leisure Swim 8:00 am Aquafit 9:00 am Any Age Lengths - Lane Pool 11:00 am Any Age Lengths - Lane Pool 11:00 am Water Walking 11:15 am Public Skating 11:30 am Soak and Stretch 12:00 pm Forever Fit 12:15 pm Public Skating 12:30 pm Leisure Swim 1:00 pm Any Age Lengths - Lane Pool 1:15 pm 45+ Shinny 1:30 pm Use Your Noodle 2:00 pm Any Age Lengths - Lane Pool 2:30 pm Strong and Steady 3:00 pm Any Age Lengths - Lane Pool 3:15 pm Child Stick & Puck 3:30 pm Leisure Swim 4:00 pm Any Age Lengths - Lane Pool 4:15 pm Child Stick & Puck 7:30 pm Leisure Swim	2 5:30 am Any Age Lengths - Lane Pool 6:00 am Soak and Stretch 6:30 am Any Age Lengths - Lane Pool 7:00 am Leisure Swim 8:00 am Aquafit 8:00 am Leisure Swim 9:00 am Deep Water Aquafit 9:00 am Any Age Lengths - Lane Pool 10:30 am Leisure Swim 11:00 am Water Walking 11:00 am Any Age Lengths - Lane Pool 11:30 am Therapeutic Aquatics 12:00 pm Any Age Lengths - Lane Pool 12:30 pm Forever Fit 12:30 pm Any Age Lengths - Lane Pool 1:30 pm Any Age Lengths - Lane Pool 1:30 pm Leisure Swim 2:30 pm Use Your Noodle 2:30 pm Any Age Lengths - Lane Pool 3:00 pm Any Age Lengths - Lane Pool 3:30 pm Therapeutic Aquatics 4:00 pm Any Age Lengths - Lane Pool 5:30 pm Aquafit 6:30 pm Leisure Swim 7:30 pm Any Age	3 7:00 am Any Age Lengths - Lane Pool 7:00 am Leisure Swim 8:00 am Leisure Swim 8:00 am Any Age Lengths - Lane Pool 11:00 am Leisure Swim 11:00 am Boot Camp 12:00 pm Therapeutic Aquatics 12:00 pm Any Age Lengths - Lane Pool 1:00 pm Any Age Lengths - Lane Pool 1:00 pm Leisure Swim 2:00 pm Leisure Swim 2:00 pm Any Age Lengths - Lane Pool 2:30 pm Any Age Lengths - Lane Pool 2:30 pm Water Walking 3:30 pm Any Age Lengths - Lane Pool 4:30 pm Any Age Lengths - Lane Pool 5:30 pm Any Age Lengths - Lane Pool 5:30 pm Leisure Swim 6:30 pm Leisure Swim 6:30 pm Any Age Lengths -

				8:30 pm Any Age Lengths - Lane Pool	Lengths - Lane Pool 7:30 pm Leisure Swim 8:30 pm Any Age Lengths - Lane Pool 8:30 pm Leisure Swim	Lane Pool
4	5	6	7	8	9	10
7:30 am Any Age Lengths - Lane Pool	5:30 am Any Age Lengths - Lane Pool	5:30 am Any Age Lengths - Lane Pool	5:30 am Any Age Lengths - Lane Pool	5:30 am Any Age Lengths - Lane Pool	5:30 am Any Age Lengths - Lane Pool	7:00 am Any Age Lengths - Lane Pool
8:00 am Soak and Stretch	6:00 am Soak and Stretch	6:00 am Soak and Stretch	6:00 am Soak and Stretch	6:00 am Soak and Stretch	6:00 am Soak and Stretch	7:00 am Leisure Swim
8:30 am Aquafit	6:30 am Any Age Lengths - Lane Pool	6:30 am Any Age Lengths - Lane Pool	6:30 am Any Age Lengths - Lane Pool	6:30 am Any Age Lengths - Lane Pool	6:30 am Any Age Lengths - Lane Pool	8:00 am Leisure Swim
9:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	8:00 am Any Age Lengths - Lane Pool
9:30 am Any Age Lengths - Lane Pool	8:00 am Leisure Swim	8:00 am Aquafit	8:00 am Leisure Swim	8:00 am Leisure Swim	8:00 am Aquafit	11:00 am Leisure Swim
10:00 am Leisure Swim	8:00 am Aquafit	8:30 am Leisure Swim	8:00 am Aquafit	8:00 am Aquafit	8:00 am Leisure Swim	11:00 am Boot Camp
10:30 am Any Age Lengths - Lane Pool	9:00 am Deep Water Aquafit	9:00 am Any Age Lengths - Lane Pool	9:00 am Deep Water Aquafit	9:00 am Any Age Lengths - Lane Pool	8:30 am Public Skating	12:00 pm Therapeutic Aquatics
11:30 am Any Age Lengths - Lane Pool	9:00 am Any Age Lengths - Lane Pool	9:15 am 18+ Women's Shinny	9:00 am Any Age Lengths - Lane Pool	11:00 am Any Age Lengths - Lane Pool	9:00 am Deep Water Aquafit	12:00 pm Any Age Lengths - Lane Pool
1:00 pm Leisure Swim	9:15 am Public Skating	10:30 am Hip, Knee and Back	9:15 am Public Skating	11:00 am Water Walking	9:00 am Any Age Lengths - Lane Pool	1:00 pm Public Skating
2:00 pm Leisure Swim	10:00 am Leisure Swim	11:00 am Any Age Lengths - Lane Pool	10:00 am Hip, Knee and Back	11:15 am Public Skating	10:00 am Public Skating	1:00 pm Leisure Swim
2:30 pm Any Age Lengths - Lane Pool	10:00 am Leisure Swim	11:00 am Water Walking	10:15 am Public Skating	11:30 am Soak and Stretch	10:30 am Leisure Swim	2:00 pm Leisure Swim
3:00 pm Leisure Swim	10:15 am Public Skating	11:15 am Public Skating	11:00 am Water Walking	12:00 pm Forever Fit	11:00 am Water Walking	2:00 pm Any Age Lengths - Lane Pool
3:00 pm Water Walking	11:00 am Water Walking	11:30 am Forever Fit	11:00 am Leisure Swim	12:15 pm Public Skating	11:00 am Any Age Lengths - Lane Pool	2:00 pm Public Skating
3:00 pm Any Age Lengths - Lane Pool	11:00 am Any Age Lengths - Lane Pool	11:30 am Soak and Stretch	11:00 am Forever Fit	12:30 pm Leisure Swim	11:30 am Therapeutic Aquatics	2:30 pm Any Age Lengths - Lane Pool
4:00 pm Leisure Swim	11:00 am 65+ Pond Hockey	12:15 pm Public Skating	11:00 am 65+ Pond Hockey	1:00 pm Any Age Lengths - Lane Pool	12:00 pm Any Age Lengths - Lane Pool	2:30 pm Any Age Lengths - Lane Pool
4:00 pm Any Age Lengths - Lane Pool	11:15 am 18+ Shinny	12:30 pm Any Age Lengths - Lane Pool	11:15 am 18+ Shinny	1:15 pm 45+ Shinny	12:00 pm Public Skating	2:30 pm Water Walking
5:00 pm Any Age Lengths - Lane Pool	11:30 am Therapeutic Aquatics	12:30 pm Leisure Swim	12:00 pm Any Age Lengths - Lane Pool	1:30 pm Use Your Noodle	12:30 pm Forever Fit	
5:00 pm Leisure Swim	12:00 pm Any Age Lengths - Lane Pool	1:00 pm Any Age Lengths - Lane Pool	1:00 pm Any Age Lengths - Lane Pool	2:00 pm Any Age Lengths - Lane Pool	12:30 pm Any Age Lengths - Lane Pool	
6:00 pm Leisure Swim	12:30 pm Leisure Swim	1:15 pm 45+ Shinny	1:00 pm Strong and Steady	2:30 pm Strong and Steady	1:00 pm 18+ Shinny	
6:00 pm Any Age		2:00 pm Strong and Steady	1:15 pm Preschool Stick & Puck	3:00 pm Any Age Lengths - Lane Pool	1:30 pm Any Age	

Lengths - Lane Pool 6:15 pm Public Skating 7:00 pm Any Age Lengths - Lane Pool 7:00 pm Leisure Swim 7:15 pm Public Skating	12:30 pm Forever Fit 12:30 pm Any Age Lengths - Lane Pool 1:15 pm Preschool Stick & Puck 1:30 pm Any Age Lengths - Lane Pool 2:15 pm Preschool Stick & Puck 2:30 pm Any Age Lengths - Lane Pool 2:30 pm Strong and Steady 3:00 pm Any Age Lengths - Lane Pool 3:15 pm Ticket Ice 3:30 pm Therapeutic Aquatics 4:00 pm Any Age Lengths - Lane Pool 5:30 pm Aquafit 6:30 pm Therapeutic Aquatics 6:30 pm Any Age Lengths - Lane Pool 7:30 pm Leisure Swim 8:30 pm Any Age Lengths - Lane Pool	2:00 pm Any Age Lengths - Lane Pool 3:00 pm Any Age Lengths - Lane Pool 3:15 pm Ticket Ice 5:00 pm Aquafit 6:00 pm Use Your Noodle 7:30 pm Leisure Swim 7:30 pm Any Age Lengths - Lane Pool 8:30 pm Any Age Lengths - Lane Pool	2:00 pm Use Your Noodle 2:00 pm Any Age Lengths - Lane Pool 2:15 pm Preschool Stick & Puck 3:00 pm Any Age Lengths - Lane Pool 3:00 pm Leisure Swim 3:15 pm Ticket Ice 4:00 pm Any Age Lengths - Lane Pool 5:30 pm Deep Water Aquafit 6:30 pm Therapeutic Aquatics 8:30 pm Any Age Lengths - Lane Pool	3:15 pm Child Stick & Puck 3:30 pm Leisure Swim 4:00 pm Any Age Lengths - Lane Pool 7:30 pm Leisure Swim 8:30 pm Any Age Lengths - Lane Pool	Lengths - Lane Pool 1:30 pm Leisure Swim 2:30 pm Use Your Noodle 2:30 pm Any Age Lengths - Lane Pool 3:00 pm Any Age Lengths - Lane Pool 3:00 pm Public Skating 3:30 pm Therapeutic Aquatics 4:00 pm Any Age Lengths - Lane Pool 5:30 pm Aquafit 6:00 pm Public Skating 6:30 pm Leisure Swim 7:30 pm Any Age Lengths - Lane Pool 7:30 pm Leisure Swim 8:30 pm Any Age Lengths - Lane Pool 8:30 pm Leisure Swim	3:30 pm Any Age Lengths - Lane Pool 4:30 pm Any Age Lengths - Lane Pool 5:30 pm Any Age Lengths - Lane Pool 5:30 pm Leisure Swim 6:30 pm Leisure Swim 6:30 pm Any Age Lengths - Lane Pool
11 7:30 am Any Age Lengths - Lane Pool 8:00 am Soak and Stretch 8:30 am Aquafit 9:00 am Leisure Swim 9:30 am Any Age Lengths - Lane Pool 10:00 am Leisure Swim 10:15 am Child Stick & Puck 10:30 am Any Age Lengths - Lane Pool 11:30 am Any Age Lengths - Lane Pool 11:30 am 45+ Shinny 12:15 pm Public Skating 1:00 pm Leisure Swim 1:15 pm Public Skating 2:00 pm Leisure	12 9:15 am Public Skating 10:15 am Public Skating 11:00 am 65+ Pond Hockey 11:15 am 18+ Shinny 1:15 pm Preschool Stick & Puck 2:15 pm Preschool Stick & Puck 3:15 pm Ticket Ice	13 9:15 am 18+ Women's Shinny 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 45+ Shinny 3:15 pm Ticket Ice	14 9:15 am Public Skating 10:15 am Public Skating 11:00 am 65+ Pond Hockey 11:15 am 18+ Shinny 1:15 pm Preschool Stick & Puck 2:15 pm Preschool Stick & Puck 3:15 pm Ticket Ice	15 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 45+ Shinny 3:15 pm Child Stick & Puck 4:15 pm Child Stick & Puck	16 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 18+ Shinny	17 11:15 am 18+ Shinny 1:15 pm Public Skating 2:15 pm Public Skating 3:15 pm Public Skating 4:15 pm Public Skating

Swim 2:15 pm Child Stick & Puck 2:30 pm Any Age Lengths - Lane Pool 3:00 pm Leisure Swim 3:00 pm Water Walking 3:00 pm Any Age Lengths - Lane Pool 4:00 pm Leisure Swim 4:00 pm Any Age Lengths - Lane Pool 5:00 pm Any Age Lengths - Lane Pool 5:00 pm Leisure Swim 6:00 pm Leisure Swim 6:00 pm Any Age Lengths - Lane Pool 7:00 pm Any Age Lengths - Lane Pool 7:00 pm Leisure Swim						
18 11:15 am 45+ Shinny 1:15 pm Public Skating 2:15 pm Public Skating 3:15 pm Child Stick & Puck 6:30 pm Child Stick & Puck	19 9:15 am Public Skating 10:15 am Public Skating 11:00 am 65+ Pond Hockey 11:15 am 18+ Shinny 1:15 pm Preschool Stick & Puck 2:15 pm Preschool Stick & Puck 3:15 pm Ticket Ice	20 9:15 am 18+ Women's Shinny 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 45+ Shinny 3:15 pm Ticket Ice	21 9:15 am Public Skating 10:15 am Public Skating 11:00 am 65+ Pond Hockey 11:15 am 18+ Shinny 1:15 pm Preschool Stick & Puck 2:15 pm Preschool Stick & Puck 3:15 pm Ticket Ice	22 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 45+ Shinny 3:15 pm Child Stick & Puck 4:15 pm Child Stick & Puck	23 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 18+ Shinny	24 11:15 am 18+ Shinny 1:15 pm Public Skating 2:15 pm Public Skating 3:15 pm Public Skating 4:15 pm Public Skating
25 10:15 am Child Stick & Puck 11:15 am 45+ Shinny 1:15 pm Public Skating 2:15 pm Public Skating 3:15 pm Child Stick & Puck	26 9:15 am Public Skating 10:15 am Public Skating 11:00 am 65+ Pond Hockey 11:15 am 18+ Shinny 1:15 pm Preschool Stick & Puck 2:15 pm Preschool Stick & Puck 3:15 pm Ticket Ice	27 9:15 am 18+ Women's Shinny 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 45+ Shinny 3:15 pm Ticket Ice	28 9:15 am Public Skating 11:00 am 65+ Pond Hockey 11:15 am 18+ Shinny 1:15 pm Preschool Stick & Puck 2:15 pm Preschool Stick & Puck 3:15 pm Ticket Ice	29 11:15 am Public Skating 12:15 pm Public Skating 1:15 pm 45+ Shinny 3:15 pm Child Stick & Puck 4:15 pm Child Stick & Puck	30 11:30 am Public Skating 12:30 pm 18+ Shinny 2:30 pm Public Skating 4:00 pm Public Skating 5:15 pm Public Skating	

