

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Leisure Swim 8:00 Aquafit 9:00 Deep Water Aquafit 9:00 Any Age Lengths - Lane Pool 9:15 50+ Public Skate 10:00 Hip, Knee and Back 11:00 Water Walking 11:00 Public Skating 11:00 Leisure Swim 11:00 Forever Fit 11:15 18+ Shinny 11:15 65+ Pond Hockey 12:00 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 12:00 Public Skating 1:00 Any Age Lengths - Lane Pool 1:00 Strong and Steady 2:00 Any Age Lengths - Lane Pool 2:00 Use Your Noodle 3:00 Any Age Lengths - Lane Pool 3:00 Leisure Swim 3:15 Ticket Ice 4:00 Any Age Lengths - Lane Pool 5:30 Leisure Swim 5:30 Deep Water Aquafit	2 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 7:30 Any Age Lengths - Lane Pool 8:00 Leisure Swim 8:00 Aquafit 9:00 Any Age Lengths - Lane Pool 9:00 Leisure Swim 9:15 Preschool Public Skate 10:15 Preschool Public Skate 10:30 Therapeutic Aquatics 11:00 Public Skating 11:00 Water Walking 11:00 Any Age Lengths - Lane Pool 11:15 18+ Shinny 11:30 Soak and Stretch 12:00 Forever Fit 12:00 Public Skating 12:30 Leisure Swim 1:00 Any Age Lengths - Lane Pool 1:15 45+ Shinny 1:30 Use Your Noodle 2:00 Any Age Lengths - Lane Pool 2:30 Therapeutic Aquatics 3:00 Any Age Lengths - Lane Pool 3:15 Child Stick & Puck 3:30 Leisure Swim 4:00 Any Age Lengths - Lane Pool	3 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Aquafit 8:00 Leisure Swim 9:00 Any Age Lengths - Lane Pool 9:00 Deep Water Aquafit 10:30 Leisure Swim 11:00 Water Walking 11:00 Any Age Lengths - Lane Pool 11:30 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 12:30 Forever Fit 12:30 Any Age Lengths - Lane Pool 1:30 Any Age Lengths - Lane Pool 1:30 Leisure Swim 2:30 Use Your Noodle 2:30 Any Age Lengths - Lane Pool 3:00 Any Age Lengths - Lane Pool 3:30 Therapeutic Aquatics 4:00 Any Age Lengths - Lane Pool 5:30 Aquafit 6:30 Any Age Lengths - Lane Pool 6:30 Leisure Swim 7:30 Any Age Lengths - Lane Pool 7:30 Leisure Swim 8:30 Any Age Lengths - Lane Pool	4 7:00 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Leisure Swim 8:00 Any Age Lengths - Lane Pool 11:00 Leisure Swim 11:00 Boot Camp 12:00 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 1:00 Any Age Lengths - Lane Pool 1:00 Leisure Swim 2:00 Leisure Swim 2:00 Any Age Lengths - Lane Pool 2:30 Any Age Lengths - Lane Pool 2:30 Water Walking 3:30 Any Age Lengths - Lane Pool 4:30 Any Age Lengths - Lane Pool 5:30 Leisure Swim 5:30 Any Age Lengths - Lane Pool 6:30 Any Age Lengths - Lane Pool 6:30 Leisure Swim

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5 7:30 Any Age Lengths - Lane Pool 8:00 Soak and Stretch 8:30 Aquafit 9:00 Leisure Swim 9:30 Any Age Lengths - Lane Pool 10:00 Leisure Swim 10:30 Any Age Lengths - Lane Pool 11:30 Any Age Lengths - Lane Pool 1:00 Leisure Swim 2:00 Leisure Swim 2:30 Any Age Lengths - Lane Pool 3:00 Any Age Lengths - Lane Pool 3:00 Water Walking 3:00 Leisure Swim 4:00 Any Age Lengths - Lane Pool 4:00 Leisure Swim 5:00 Leisure Swim 5:00 Any Age Lengths - Lane Pool 6:00 Any Age Lengths - Lane Pool 6:00 Leisure Swim 7:00 Any Age Lengths - Lane Pool 7:00 Leisure Swim	6 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Leisure Swim 8:00 Aquafit 9:00 Deep Water Aquafit 9:00 Any Age Lengths - Lane Pool 9:15 Preschool Stick & Puck 10:00 Leisure Swim 10:15 Preschool Stick & Puck 11:00 Any Age Lengths - Lane Pool 11:00 Water Walking 11:00 Public Skating 11:15 65+ Pond Hockey 11:15 18+ Shinny 11:30 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 12:00 Public Skating 12:30 Leisure Swim 12:30 Forever Fit 12:30 Any Age Lengths - Lane Pool 1:15 45+ Shinny 1:30 Any Age Lengths - Lane Pool 2:30 Any Age Lengths - Lane Pool 2:30 Strong and Steady 3:00 Any Age Lengths - Lane Pool 3:15 Ticket Ice 3:30 Therapeutic Aquatics 4:00 Any Age Lengths - Lane Pool 5:15 Public Skating 5:30 Aquafit	7 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Aquafit 8:30 Leisure Swim 9:00 Any Age Lengths - Lane Pool 9:15 18+ Women's Shinny 10:30 Hip, Knee and Back 11:00 Water Walking 11:00 Any Age Lengths - Lane Pool 11:00 Public Skating 11:15 18+ Shinny 11:30 Soak and Stretch 11:30 Forever Fit 12:00 Public Skating 12:30 Any Age Lengths - Lane Pool 1:00 Any Age Lengths - Lane Pool 1:15 Preschool Public Skate 2:00 Any Age Lengths - Lane Pool 2:00 Strong and Steady 2:15 Preschool Public Skate 3:00 Therapeutic Aquatics 3:00 Any Age Lengths - Lane Pool 5:00 Aquafit 6:00 Use Your Noodle 7:30 Any Age Lengths - Lane Pool 7:30 Leisure Swim 8:30 Any Age Lengths - Lane Pool	8 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Leisure Swim 8:00 Aquafit 9:00 Deep Water Aquafit 9:00 Any Age Lengths - Lane Pool 9:15 50+ Public Skate 10:00 Hip, Knee and Back 11:00 Water Walking 11:00 Public Skating 11:00 Leisure Swim 11:00 Forever Fit 11:15 18+ Shinny 11:15 65+ Pond Hockey 12:00 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 12:00 Public Skating 1:00 Any Age Lengths - Lane Pool 1:00 Strong and Steady 2:00 Any Age Lengths - Lane Pool 2:00 Use Your Noodle 3:00 Any Age Lengths - Lane Pool 3:00 Leisure Swim 3:15 Ticket Ice 4:00 Any Age Lengths - Lane Pool 5:30 Leisure Swim 5:30 Deep Water Aquafit 6:30 Therapeutic Aquatics 8:30 Any Age Lengths - Lane Pool	9 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 7:30 Any Age Lengths - Lane Pool 8:00 Leisure Swim 8:00 Aquafit 9:00 Any Age Lengths - Lane Pool 9:00 Leisure Swim 9:15 Preschool Public Skate 10:15 Preschool Public Skate 10:30 Therapeutic Aquatics 11:00 Public Skating 11:00 Water Walking 11:00 Any Age Lengths - Lane Pool 11:30 Soak and Stretch 11:30 Leisure Swim 12:00 Forever Fit 12:00 Public Skating 12:30 Leisure Swim 1:00 Any Age Lengths - Lane Pool 1:15 45+ Shinny 1:30 Use Your Noodle 2:00 Any Age Lengths - Lane Pool 2:30 Therapeutic Aquatics 3:00 Any Age Lengths - Lane Pool 3:15 Child Stick & Puck 3:30 Leisure Swim 4:00 Any Age Lengths - Lane Pool 7:30 Leisure Swim 8:30 Any Age Lengths - Lane Pool	10 5:30 Any Age Lengths - Lane Pool 6:00 Soak and Stretch 6:30 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Aquafit 8:00 Leisure Swim 9:00 Any Age Lengths - Lane Pool 9:00 Deep Water Aquafit 9:15 50+ Public Skate 10:30 Leisure Swim 11:00 Public Skating 11:00 Water Walking 11:00 Any Age Lengths - Lane Pool 11:15 65+ Pond Hockey 11:15 18+ Shinny 11:30 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 12:00 Public Skating 12:30 Forever Fit 12:30 Any Age Lengths - Lane Pool 1:30 Any Age Lengths - Lane Pool 1:30 Leisure Swim 2:30 Use Your Noodle 2:30 Any Age Lengths - Lane Pool 3:00 Any Age Lengths - Lane Pool 3:15 Ticket Ice 3:30 Therapeutic Aquatics 4:00 Any Age Lengths - Lane Pool 5:30 Aquafit 6:30 Any Age Lengths - Lane Pool 6:30 Leisure Swim 7:30 Any Age	11 7:00 Any Age Lengths - Lane Pool 7:00 Leisure Swim 8:00 Leisure Swim 8:00 Any Age Lengths - Lane Pool 11:00 Leisure Swim 11:00 Boot Camp 12:00 Therapeutic Aquatics 12:00 Any Age Lengths - Lane Pool 1:00 Any Age Lengths - Lane Pool 1:00 Leisure Swim 2:00 Leisure Swim 2:00 Any Age Lengths - Lane Pool 2:30 Any Age Lengths - Lane Pool 2:30 Water Walking 3:30 Any Age Lengths - Lane Pool 4:30 Any Age Lengths - Lane Pool 5:30 Leisure Swim 5:30 Any Age Lengths - Lane Pool 6:30 Any Age Lengths - Lane Pool 6:30 Leisure Swim 6:45 Public Skating 7:45 Public Skating

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6:00 Leisure Swim 7:00 Any Age Lengths - Lane Pool 7:00 Leisure Swim	12:30 Public Skating	2:00 Any Age Lengths - Lane Pool	1:00 Strong and Steady	Lengths - Lane Pool	1:30 Any Age Lengths - Lane Pool	3:30 Any Age Lengths - Lane Pool
	12:30 Leisure Swim	2:00 Strong and Steady	2:00 Any Age Lengths - Lane Pool	1:15 45+ Shinny	1:30 Leisure Swim	3:30 Any Age Lengths - Lane Pool
	12:30 Forever Fit	2:15 Preschool Public Skate	2:00 Use Your Noodle	1:30 Use Your Noodle	2:30 Use Your Noodle	4:30 Any Age Lengths - Lane Pool
	12:30 Any Age Lengths - Lane Pool	3:00 Therapeutic Aquatics	3:00 Any Age Lengths - Lane Pool	2:00 Any Age Lengths - Lane Pool	2:30 Any Age Lengths - Lane Pool	5:30 Leisure Swim
	1:15 45+ Shinny	3:00 Any Age Lengths - Lane Pool	3:00 Leisure Swim	2:30 Therapeutic Aquatics	3:00 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool
	1:30 Any Age Lengths - Lane Pool	5:00 Aquafit	3:15 Ticket Ice	3:00 Any Age Lengths - Lane Pool	3:15 Ticket Ice	6:30 Any Age Lengths - Lane Pool
	2:30 Any Age Lengths - Lane Pool	6:00 Use Your Noodle	4:00 Any Age Lengths - Lane Pool	3:15 Child Stick & Puck	3:30 Therapeutic Aquatics	6:30 Leisure Swim
	2:30 Strong and Steady	7:30 Any Age Lengths - Lane Pool	5:30 Leisure Swim	3:30 Leisure Swim	4:00 BBA - Public Skate	6:45 Public Skating
	3:00 Any Age Lengths - Lane Pool	7:30 Leisure Swim	5:30 Deep Water Aquafit	4:00 Any Age Lengths - Lane Pool	4:00 Any Age Lengths - Lane Pool	7:45 Public Skating
	3:15 Ticket Ice	8:30 Any Age Lengths - Lane Pool	6:30 Therapeutic Aquatics	7:30 Leisure Swim	4:15 Child Stick & Puck	
	3:30 Therapeutic Aquatics		8:30 Any Age Lengths - Lane Pool	8:30 Any Age Lengths - Lane Pool	5:30 Aquafit	
	3:30 Public Skating				6:30 Any Age Lengths - Lane Pool	
	4:00 Any Age Lengths - Lane Pool				6:30 Leisure Swim	
	5:00 BBA - Public Skate				7:30 Any Age Lengths - Lane Pool	
	5:15 Public Skating				7:30 Leisure Swim	
	5:30 Aquafit				8:30 Any Age Lengths - Lane Pool	
	6:00 BBA - Public Skate				8:30 Leisure Swim	
	6:30 Therapeutic Aquatics					
	6:30 Any Age Lengths - Lane Pool					
	7:00 BBA - Public Skate					
	7:30 Leisure Swim					
	8:30 Any Age Lengths - Lane Pool					
26	27	28				
7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool				
8:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch				
8:30 Aquafit	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool				
9:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim				
9:30 Any Age Lengths - Lane Pool	8:00 Leisure Swim	8:00 Aquafit				
10:00 Leisure Swim	8:00 Aquafit	8:30 Leisure Swim				
10:30 Any Age Lengths - Lane Pool	9:00 Deep Water Aquafit	9:00 Any Age Lengths - Lane Pool				
11:30 Any Age Lengths - Lane Pool	9:00 Any Age Lengths - Lane Pool	9:15 18+ Women's Shinny				
1:00 Leisure Swim	9:15 Preschool Stick & Puck	10:30 Hip, Knee and Back				
2:00 Leisure Swim	10:00 Leisure Swim	11:00 Water Walking				
2:30 Any Age Lengths - Lane Pool	10:15 Preschool Stick & Puck	11:00 Any Age Lengths - Lane Pool				
3:00 Any Age Lengths - Lane Pool	11:00 Any Age Lengths - Lane Pool	11:00 Public Skating				
3:00 Water Walking		11:15 18+ Shinny				

3:00 Leisure Swim	11:00 Water Walking	11:30 Soak and Stretch			
4:00 Any Age Lengths - Lane Pool	11:00 Public Skating				
	11:15 18+ Shinny	11:30 Forever Fit			
4:00 Leisure Swim	11:15 65+ Pond Hockey	12:00 Public Skating			
4:15 Public Skating		12:30 Any Age Lengths - Lane Pool			
5:00 Any Age Lengths - Lane Pool	11:30 Therapeutic Aquatics	12:30 Leisure Swim			
5:00 Leisure Swim	12:00 Any Age Lengths - Lane Pool	1:00 Any Age Lengths - Lane Pool			
5:15 Public Skating	12:00 Public Skating	1:15 Preschool Public Skate			
6:00 Any Age Lengths - Lane Pool	12:30 Leisure Swim				
6:00 Leisure Swim	12:30 Forever Fit	2:00 Any Age Lengths - Lane Pool			
7:00 Any Age Lengths - Lane Pool	12:30 Any Age Lengths - Lane Pool	2:00 Strong and Steady			
7:00 Leisure Swim	1:15 45+ Shinny	2:15 Preschool Public Skate			
	1:30 Any Age Lengths - Lane Pool	3:00 Therapeutic Aquatics			
	2:30 Any Age Lengths - Lane Pool	3:00 Any Age Lengths - Lane Pool			
	2:30 Strong and Steady	6:00 Use Your Noodle			
	3:00 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool			
	3:15 Ticket Ice	7:30 Leisure Swim			
	3:30 Therapeutic Aquatics	8:30 Any Age Lengths - Lane Pool			
	4:00 Any Age Lengths - Lane Pool				
	5:15 Public Skating				
	5:30 Aquafit				
	6:30 Any Age Lengths - Lane Pool				
	6:30 Therapeutic Aquatics				
	7:30 Leisure Swim				
	8:30 Any Age Lengths - Lane Pool				