May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
12:00 Public Skating	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	1:15 18+ Shinny 5:30 Any Age	7:00 Leisure Swim
7:30 Any Age Lengths - Lane Pool	6:15 Soak and Stretch	6:15 Soak and Stretch	6:15 Soak and Stretch	6:15 Soak and Stretch	Lengths - Lane Pool 6:15 Soak and	7:00 Any Age Lengths -
7:45 Leisure Swim 8:00 Leisure Swim	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	Stretch 6:30 Any Age	Lane Pool 8:00 Any Age
8:30 Aquafit	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	Lengths - Lane Pool	Lengths - Lane Pool
8:45 Leisure Swim	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:15 Leisure Swim 7:30 Any Age	11:00 Any Age Lengths -
9:00 Public Skating	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	Lengths - Lane Pool	Lane Pool
9:30 Any Age Lengths - Lane Pool	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit	8:30 Any Age Lengths - Lane Pool	8:15 Leisure Swim	11:00 Therapeutic
9:45 Leisure Swim	9:15 Public Skating	9:15 Leisure Swim	9:15 Public Skating	9:15 Public Skating	8:30 Any Age Lengths - Lane Pool	Aquatics
10:00 Public Skating	9:30 Any Age Lengths - Lane Pool	9:15 18+ Women's Shinny	9:30 Any Age Lengths - Lane Pool	9:15 Leisure Swim	9:30 Any Age Lengths - Lane Pool	11:00 Any Age Lengths -
10:30 Any Age Lengths - Lane Pool	10:15 Public Skating 10:15 Therapeutic	9:30 Any Age Lengths - Lane Pool	10:15 Public Skating 10:15 Hip, Knee and	9:30 Any Age Lengths - Lane Pool	10:15 Therapeutic Aquatics	Lane Pool 12:00 Leisure
11:00 Public Skating	Aquatics	10:15 Hip, Knee and Back	Back	10:15 Public Skating	10:30 Water Walking	Swim
11:30 Any Age Lengths - Lane Pool	10:30 Water Walking	10:30 Water Walking	10:30 Water Walking 11:00 65+ Pond	10:15 Therapeutic Aquatics	11:00 65+ Pond Hockey	12:00 Forever Fit
12:45 Leisure Swim	11:00 65+ Pond Hockey	11:15 Public Skating	Hockey	10:30 Water Walking	11:15 Leisure Swim	1:00 Leisure Swim
1:15 Public Skating	11:15 18+ Shinny	11:15 Leisure Swim	11:15 Leisure Swim	11:15 Public Skating	11:15 Public Skating	1:00 Public
1:45 Leisure Swim	11:15 Leisure Swim	11:30 Forever Fit	11:15 18+ Shinny	11:15 Leisure Swim	11:30 Forever Fit	Skating
2:15 Public Skating 2:30 30 Minute	11:30 Therapeutic Aquatics	12:15 Leisure Swim	11:30 Forever Fit 12:15 Leisure Swim	11:30 Therapeutic Aquatics	12:15 Public Skating	2:00 Public Skating
Lengths	11:30 Any Age Lengths - Lane Pool	12:15 Public Skating 12:30 Any Age	12:30 Any Age Lengths - Lane Pool	11:30 Forever Fit 12:15 Leisure Swim	12:30 Any Age Lengths - Lane Pool	2:00 30 Minute
2:45 Leisure Swim 3:00 Any Age	12:15 Leisure Swim	Lengths - Lane Pool 1:15 Leisure Swim	1:15 Preschool Stick & Puck	12:15 Public Skating	1:15 Use Your Noodle	Lengths 2:00 Leisure
Lengths - Lane Pool 3:15 Public Skating	12:30 Forever Fit	1:15 45+ Shinny	1:30 Any Age	12:30 Any Age Lengths - Lane Pool	1:30 Any Age Lengths - Lane Pool	Swim 2:30 Any Age
4:00 Any Age Lengths - Lane Pool	1:15 Preschool Stick & Puck	1:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool 1:30 Any Age	1:15 45+ Shinny 1:15 Strong and	2:15 Therapeutic Aquatics	Lengths - Lane Pool
5:00 Any Age	1:30 Any Age Lengths - Lane Pool	2:15 Leisure Swim	Lengths - Lane Pool 2:15 Preschool Stick	Steady	2:30 30 Minute	3:00 Public Skating
Lengths - Lane Pool 5:15 Public Skating	2:15 Preschool Stick & Puck	2:30 30 Minute Lengths	& Puck	1:30 Any Age Lengths - Lane Pool	Lengths 3:15 Leisure Swim	3:00 Leisure Swim
6:00 Any Age Lengths - Lane Pool	2:15 Therapeutic Aquatics	3:00 Any Age Lengths - Lane Pool	2:15 Strong and Steady	2:15 Therapeutic Aquatics	3:15 Child Stick & Puck	3:30 Any Age
6:15 Public Skating	2:15 Therapeutic Aquatics	3:15 Ticket Ice	2:30 30 Minute Lengths	2:30 30 Minute Lengths	4:15 Child Stick & Puck	Lengths - Lane Pool
6:45 Leisure Swim	2:30 30 Minute	3:15 Leisure Swim	3:15 Leisure Swim	3:15 Leisure Swim	5:15 Public Skating	4:00 Public Skating
7:00 Any Age Lengths - Lane Pool	Lengths	4:15 Public Skating 5:00 Aquafit	3:15 Ticket Ice 4:15 Public Skating	3:15 Child Stick & Puck	5:30 Aquafit	4:30 Any Age
	3:00 Any Age Lengths - Lane Pool	5:15 Public Skating	5:15 Public Skating	4:15 Public Skating	6:15 Public Skating	Lengths - Lane Pool

	3:15 Ticket Ice 3:15 Strong and Steady 4:15 Public Skating 5:15 Public Skating 5:30 Aquafit 6:15 Public Skating 6:15 Leisure Swim 7:15 Leisure Swim 8:15 Leisure Swim 8:30 Any Age Lengths - Lane Pool	6:45 Leisure Swim 7:30 Any Age Lengths - Lane Pool 7:45 Use Your Noodle 8:30 Any Age Lengths - Lane Pool	5:30 Deep Water Aquafit 5:45 Leisure Swim 6:15 Public Skating 7:45 Leisure Swim	4:15 Leisure Swim 5:15 Public Skating 6:15 Public Skating 7:45 Leisure Swim 8:30 Any Age Lengths - Lane Pool	6:15 Leisure Swim 6:30 Any Age Lengths - Lane Pool 7:15 Leisure Swim 8:15 Leisure Swim	5:00 Public Skating 5:00 Leisure Swim 5:30 Any Age Lengths - Lane Pool 6:00 Public Skating 6:00 Leisure Swim 6:30 Any Age Lengths - Lane Pool 7:00 Public Skating
8	9	10	11	12	13	14
7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Leisure Swim
7:45 Leisure Swim	6:15 Soak and	6:15 Soak and	6:15 Soak and	6:15 Soak and	6:15 Soak and	7:00 Any Age
8:00 Leisure Swim	Stretch	Stretch	Stretch	Stretch	Stretch	Lengths - Lane Pool
8:30 Aquafit	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	8:00 Any Age
8:45 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	Lengths - Lane Pool
9:00 Public Skating 9:30 Any Age	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	11:00 Any
Lengths - Lane Pool	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	Age Lengths - Lane Pool

9:45 Leisure Swim	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit	8:30 Any Age	8:30 Any Age	11:00
10:00 Public	9:15 Public Skating	9:15 Leisure Swim	9:15 Public Skating	Lengths - Lane Pool	Lengths - Lane Pool	Therapeutic Aquatics
Skating 10:30 Any Age Lengths - Lane Pool	9:30 Any Age Lengths - Lane Pool	9:15 18+ Women's Shinny	9:30 Any Age Lengths - Lane Pool	9:15 Leisure Swim 9:30 Any Age	9:30 Any Age Lengths - Lane Pool	11:00 Any Age Lengths -
11:00 Public Skating	10:15 Public Skating	9:30 Any Age	10:15 Public Skating	Lengths - Lane Pool	10:15 Therapeutic Aquatics	Lane Pool
11:30 Any Age	10:15 Therapeutic Aquatics	Lengths - Lane Pool 10:15 Hip, Knee and	10:15 Hip, Knee and Back	10:15 Therapeutic Aquatics	10:30 Water Walking	12:00 Leisure Swim
Lengths - Lane Pool 12:00 Public	10:30 Water	Back	10:30 Water Walking	10:30 Water Walking	11:15 Leisure Swim	12:00 Forever
Skating	Walking	10:30 Water Walking	11:00 65+ Pond	11:15 Public Skating	11:30 Forever Fit	Fit 1:00 Leisure
12:45 Leisure Swim	11:00 65+ Pond Hockey	11:15 Public Skating	Hockey	11:15 Leisure Swim	12:30 Any Age Lengths - Lane Pool	Swim
1:45 Leisure Swim	11:15 18+ Shinny	11:15 Leisure Swim	11:15 Leisure Swim	11:30 Therapeutic Aquatics	1:15 Use Your	2:00 30
2:15 Public Skating	11:15 Leisure Swim	11:30 Forever Fit	11:15 18+ Shinny 11:30 Forever Fit	11:30 Forever Fit	Noodle	Minute Lengths
2:30 30 Minute Lengths	11:30 Therapeutic	12:15 Leisure Swim	12:15 Leisure Swim	12:15 Leisure Swim	1:30 Any Age Lengths - Lane Pool	2:00 Leisure
2:45 Leisure Swim	Aquatics	12:15 Public Skating	12:30 Any Age	12:15 Public Skating	2:15 Therapeutic	Swim
3:00 Any Age	11:30 Any Age Lengths - Lane Pool	12:30 Any Age	Lengths - Lane Pool	12:30 Any Age	Aquatics	2:30 Any Age Lengths -
Lengths - Lane Pool	12:15 Leisure Swim	Lengths - Lane Pool	1:15 Preschool Stick	Lengths - Lane Pool	2:30 30 Minute	Lane Pool
3:15 Public Skating	12:30 Forever Fit	1:15 Leisure Swim	& Puck	1:15 45+ Shinny	Lengths 3:15 Leisure Swim	3:00 Leisure
4:00 Any Age	1:15 Preschool	1:15 45+ Shinny	1:30 Any Age Lengths - Lane Pool	1:15 Strong and Steady	5:30 Aquafit	Swim 3:30 Any Age
Lengths - Lane Pool 4:15 Public Skating	Stick & Puck	1:30 Any Age Lengths - Lane Pool	1:30 Any Age	1:30 Any Age	6:15 Leisure Swim	Lengths -
5:00 Any Age	1:15 Public Skating	2:15 Leisure Swim	Lengths - Lane Pool	Lengths - Lane Pool	6:30 Any Age	Lane Pool
Lengths - Lane Pool	1:30 Any Age Lengths - Lane Pool	2:30 30 Minute Lengths	2:15 Preschool Stick & Puck	2:15 Therapeutic Aquatics	Lengths - Lane Pool	4:30 Any Age Lengths - Lane Pool
5:15 Public Skating	2:15 Preschool Stick & Puck	3:00 Any Age	2:15 Strong and Steady	2:30 30 Minute Lengths	7:15 Leisure Swim 7:30 Any Age	5:00 Leisure
6:00 Any Age Lengths - Lane Pool	2:15 Therapeutic	Lengths - Lane Pool	2:30 30 Minute	3:15 Leisure Swim	Lengths - Lane Pool	Swim
6:15 Public Skating	Aquatics	3:15 Ticket Ice	Lengths	3:15 Child Stick &	8:15 Leisure Swim	5:30 Any Age
6:45 Leisure Swim	2:15 Therapeutic	3:15 Leisure Swim	3:15 Leisure Swim	Puck	8:30 Any Age	Lengths - Lane Pool
7:00 Any Age	Aquatics	5:00 Aquafit	3:15 Ticket Ice	4:15 Leisure Swim	Lengths - Lane Pool	6:00 Leisure
Lengths - Lane Pool	2:30 30 Minute Lengths	6:45 Leisure Swim	5:30 Deep Water	5:00 Public Skating		Swim
7:15 Public Skating	3:00 Any Age	7:30 Any Age Lengths - Lane Pool	Aquatit 5:45 Leisure Swim	6:00 Public Skating		6:30 Any Age Lengths -
	Lengths - Lane Pool	7:45 Use Your	7:45 Leisure Swim	7:45 Leisure Swim		Lane Pool
	3:15 Ticket Ice	Noodle	7.43 Leisure Swiiii	8:30 Any Age Lengths - Lane Pool		
	3:15 Strong and Steady	8:30 Any Age Lengths - Lane Pool		Lengths Lane 1 cor		
	4:15 Public Skating					
	5:15 Public Skating					
	5:30 Aquafit					
	6:15 Leisure Swim					
	7:15 Leisure Swim					
	8:15 Leisure Swim					
	8:30 Any Age Lengths - Lane Pool					
15	16	17	18	19	20	21
7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Leisure Swim
7:45 Leisure Swim	6:15 Soak and	6:15 Soak and	6:15 Soak and	6:15 Soak and	6:15 Soak and	7:00 Any Age
8:00 Leisure Swim	Stretch	Stretch	Stretch	Stretch	Stretch	Lengths - Lane Pool
8:30 Aquafit	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	8:00 Any Age

8:45 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	Lengths - Lane Pool
9:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	10:00 Public Skating
9:45 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	8:15 Leisure Swim	11:00 Public
10:30 Any Age Lengths - Lane Pool	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit	8:30 Any Age	8:30 Any Age	Skating
11:30 Any Age	9:15 Public Skating	9:15 Leisure Swim	9:15 Public Skating	Lengths - Lane Pool	Lengths - Lane Pool	11:00 Any Age Lengths -
Lengths - Lane Pool	9:30 Any Age Lengths - Lane Pool	9:15 18+ Women's Shinny	9:30 Any Age Lengths - Lane Pool	9:15 Leisure Swim 9:30 Any Age	9:30 Any Age Lengths - Lane Pool	Lane Pool
12:45 Leisure Swim 1:45 Leisure Swim	10:15 Public Skating	9:30 Any Age	10:15 Public Skating	Lengths - Lane Pool	10:15 Therapeutic Aquatics	11:00 Therapeutic
2:30 30 Minute	10:15 Therapeutic Aquatics	Lengths - Lane Pool 10:15 Hip, Knee and	10:15 Hip, Knee and Back	10:15 Therapeutic Aquatics	10:30 Water Walking	Aquatics
Lengths	10:30 Water	Back	10:30 Water Walking	10:30 Water Walking	11:00 65+ Pond	11:00 Any Age Lengths -
2:45 Leisure Swim	Walking	10:30 Water Walking	11:00 65+ Pond	11:15 Public Skating	Hockey 11:15 Leisure Swim	Lane Pool
3:00 Any Age Lengths - Lane Pool	11:00 65+ Pond Hockey	11:15 Public Skating	Hockey	11:15 Leisure Swim	11:15 Public Skating	12:00 Leisure Swim
4:00 Any Age	11:15 18+ Shinny	11:15 Leisure Swim	11:15 Leisure Swim	11:30 Therapeutic Aquatics	11:30 Forever Fit	12:00 Forever
Lengths - Lane Pool	11:15 Leisure Swim	11:30 Forever Fit	11:15 18+ Shinny	11:30 Forever Fit	12:15 Public Skating	Fit
4:15 Public Skating	11:30 Therapeutic	12:15 Leisure Swim	11:30 Forever Fit	12:15 Leisure Swim	12:30 Any Age	1:00 Leisure Swim
5:00 Any Age Lengths - Lane Pool	Aquatics	12:15 Public Skating	12:15 Leisure Swim 12:30 Any Age	12:15 Public Skating	Lengths - Lane Pool	1:15 Public
5:15 Public Skating	11:30 Any Age Lengths - Lane Pool	12:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool	12:30 Any Age Lengths - Lane Pool	1:15 Use Your Noodle	Skating 2:00 30
6:00 Any Age Lengths - Lane Pool	12:15 Leisure Swim	1:15 Leisure Swim	1:00 Public Skating	1:15 45+ Shinny	1:15 18+ Shinny	Minute
6:15 Public Skating	12:30 Forever Fit	1:15 45+ Shinny	1:15 Preschool Stick & Puck	1:15 Strong and	1:30 Any Age	Lengths
6:45 Leisure Swim	1:15 Preschool Stick & Puck	1:30 Any Age	1:30 Any Age	Steady	Lengths - Lane Pool 2:15 Therapeutic	2:00 Leisure Swim
7:00 Any Age	1:30 Any Age	Lengths - Lane Pool	Lengths - Lane Pool	1:30 Any Age Lengths - Lane Pool	Aquatics	2:30 Any Age
Lengths - Lane Pool	Lengths - Lane Pool	2:15 Leisure Swim	1:30 Any Age Lengths - Lane Pool	2:15 Therapeutic	2:30 30 Minute	Lengths - Lane Pool
7:15 Public Skating	2:15 Preschool Stick & Puck	2:30 30 Minute Lengths	2:00 Public Skating	Aquatics	Lengths 3:15 Leisure Swim	3:00 Leisure
	2:15 Therapeutic	3:00 Any Age Lengths - Lane Pool	2:15 Strong and Steady	2:30 30 Minute Lengths	3:15 Child Stick & Puck	Swim 3:30 Any Age
	Aquatics 2:15 Therapeutic	3:15 Ticket Ice	2:15 Preschool Stick	3:15 Leisure Swim	3:15 Child Stick &	Lengths - Lane Pool
	Aquatics	3:15 Leisure Swim	& Puck	3:15 Child Stick & Puck	Puck	4:30 Any Age
	2:30 30 Minute Lengths	5:00 Aquafit	2:30 30 Minute Lengths	4:15 Public Skating	4:15 Public Skating	Lengths - Lane Pool
	3:00 Any Age	6:45 Leisure Swim	3:00 Public Skating	4:15 Leisure Swim	5:15 Public Skating	5:00 Leisure
	Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	3:15 Ticket Ice	5:15 Public Skating	5:30 Aquafit	Swim
	3:15 Ticket Ice	7:45 Use Your	3:15 Leisure Swim	7:45 Leisure Swim	6:15 Public Skating 6:15 Leisure Swim	5:30 Any Age Lengths -
	3:15 Strong and Steady	Noodle	4:00 Public Skating	8:30 Any Age Lengths - Lane Pool	6:30 Any Age	Lane Pool
	4:45 Public Skating	8:30 Any Age Lengths - Lane Pool	5:30 Deep Water Aquafit		Lengths - Lane Pool	6:00 Leisure Swim
	5:30 Aquafit		5:45 Leisure Swim		7:15 Leisure Swim	6:30 Any Age
	6:15 Leisure Swim		7:45 Leisure Swim		7:30 Any Age Lengths - Lane Pool	Lengths -
	7:15 Leisure Swim				8:15 Leisure Swim	Lanc rool
	8:15 Leisure Swim				8:30 Any Age	
	8:30 Any Age Lengths - Lane Pool				Lengths - Lane Pool	
22	23	24	25	26	27	28
7:30 Any Age Lengths - Lane Pool	11:30 Therapeutic Aquatics	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Leisure Swim
7:45 Leisure Swim		6:15 Soak and	6:15 Soak and	6:15 Soak and	6:15 Soak and	7:00 Any Age
8:00 Leisure Swim		Stretch	Stretch	Stretch	Stretch	Lengths -
8:30 Aquafit		6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	8:00 Any Age
	I	1 Jengus Dane 1 001	1 Lune 1 001		1 Jongano Lune 1 001	1 0.007111, 1150

8:45 Leisure S	Swim		7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	7:15 Leisure Swim	Lengths - Lane Pool
9:00 Public Sl	kating		7:30 Any Age	7:30 Any Age	7:30 Any Age	7:30 Any Age	11:00 Any
9:30 Any Age Lengths - Lan			Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Age Lengths -
9:45 Leisure S			8:15 Leisure Swim 8:30 Aquafit	8:15 Leisure Swim 8:30 Aquafit	8:15 Leisure Swim 8:30 Any Age	8:15 Leisure Swim 8:30 Any Age	11:00
10:00 Public			9:15 Leisure Swim	9:15 Public Skating	Lengths - Lane Pool	Lengths - Lane Pool	Therapeutic
Skating			9:15 18+ Women's	9:30 Any Age	9:15 Public Skating	9:30 Any Age	Aquatics 11:00 Any
10:30 Any Ag Lengths - Lan			Shinny	Lengths - Lane Pool	9:15 Leisure Swim	Lengths - Lane Pool 10:15 Therapeutic	Age Lengths -
11:00 Public S	Skating		9:30 Any Age Lengths - Lane Pool	10:15 Public Skating	9:30 Any Age Lengths - Lane Pool	Aquatics	Lane Pool 12:00 Leisure
11:30 Any Ag			10:15 Hip, Knee and	10:15 Hip, Knee and Back	10:15 Public Skating	10:30 Water Walking	Swim
Lengths - Lan	ie Pooi		Back	10:30 Water Walking	10:15 Therapeutic	11:15 Leisure Swim	12:00 Forever Fit
Skating			10:30 Water Walking	11:00 65+ Pond	Aquatics	11:30 Forever Fit	1:00 Leisure
12:45 Leisure	Swim		11:15 Public Skating	Hockey 11:15 Leisure Swim	10:30 Water Walking 11:15 Public Skating	12:30 Any Age Lengths - Lane Pool	Swim
1:15 Public Sk	kating		11:15 Leisure Swim	11:15 Leisure Swiffi 11:15 18+ Shinny	11:15 Leisure Swim	1:15 Use Your	2:00 30 Minute
1:45 Leisure S			11:30 Forever Fit	11:30 Forever Fit	11:30 Therapeutic	Noodle	Lengths
2:15 Public Sl	Č		12:15 Leisure Swim	12:15 Leisure Swim	Aquatics	1:30 Any Age Lengths - Lane Pool	2:00 Leisure Swim
2:30 30 Minut Lengths	te		12:15 Public Skating	12:30 Any Age	11:30 Forever Fit	2:15 Therapeutic	2:30 Any Age
2:45 Leisure S	Swim		12:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool	12:15 Leisure Swim	Aquatics 2:30 30 Minute	Lengths -
3:00 Any Age Lengths - Lan			1:15 Leisure Swim	1:15 Preschool Stick & Puck	12:15 Public Skating 12:30 Any Age	Lengths	3:00 Leisure
4:00 Any Age			1:15 45+ Shinny	1:30 Any Age	Lengths - Lane Pool	3:15 Leisure Swim	Swim
Lengths - Lan			1:30 Any Age	Lengths - Lane Pool	1:15 45+ Shinny	5:30 Aquafit	3:30 Any Age Lengths -
5:00 Any Age Lengths - Lan			Lengths - Lane Pool 2:15 Leisure Swim	1:30 Any Age Lengths - Lane Pool	1:15 Strong and Steady	6:15 Leisure Swim	Lane Pool
6:00 Any Age			2:30 30 Minute	2:15 Preschool Stick	1:30 Any Age	6:30 Any Age Lengths - Lane Pool	4:30 Any Age Lengths -
Lengths - Lan			Lengths	& Puck 2:15 Strong and	Lengths - Lane Pool	7:15 Leisure Swim	Lane Pool
6:45 Leisure S			3:00 Any Age Lengths - Lane Pool	Steady	2:15 Therapeutic Aquatics	7:30 Any Age Lengths - Lane Pool	5:00 Leisure Swim
7:00 Any Age Lengths - Lan			3:15 Ticket Ice	2:30 30 Minute Lengths	2:30 30 Minute	8:15 Leisure Swim	5:30 Any Age
			3:15 Leisure Swim	3:15 Leisure Swim	Lengths 3:15 Leisure Swim	8:30 Any Age	Lengths - Lane Pool
			4:15 Public Skating	3:15 Ticket Ice	3:15 Child Stick &	Lengths - Lane Pool	6:00 Leisure
			5:00 Aquafit	4:15 Public Skating	Puck		Swim
			6:45 Leisure Swim	5:00 Public Skating	4:15 Public Skating		6:30 Any Age Lengths -
			7:30 Any Age Lengths - Lane Pool	5:30 Deep Water Aquafit	4:15 Leisure Swim		Lane Pool
			7:45 Use Your	5:45 Leisure Swim	5:15 Public Skating 7:45 Leisure Swim		
			Noodle 8:30 Any Age	7:45 Leisure Swim	8:30 Any Age		
			Lengths - Lane Pool		Lengths - Lane Pool		
29		30	31				
7:30 Any Age Lengths - Lan		5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool				
7:45 Leisure S		6:15 Soak and Stretch	6:15 Soak and Stretch				
8:30 Aquafit	5 WIIII	6:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool				
8:45 Leisure S	Swim	7:15 Leisure Swim	7:15 Leisure Swim				
9:30 Any Age Lengths - Lan		7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool				
9:45 Leisure S		8:15 Leisure Swim	8:15 Leisure Swim				
10:30 Any Ag Lengths - Lan		8:30 Aquafit	8:30 Aquafit				
11:30 Any Ag		9:00 Public Skating	9:15 Leisure Swim				

Lengths - Lane Pool	9:15 Public Skating	9:15 18+ Women's		
12:45 Leisure Swim	9:30 Any Age	Shinny		
1:45 Leisure Swim	Lengths - Lane Pool	9:30 Any Age		
2:30 30 Minute	10:15 Public Skating	Lengths - Lane Pool		
Lengths	10:15 Therapeutic Aquatics	10:15 Hip, Knee and Back		
2:45 Leisure Swim	10:30 Water	10:30 Water		
3:00 Any Age	Walking	Walking		
Lengths - Lane Pool	11:00 65+ Pond	11:15 Public Skating		
3:15 Public Skating	Hockey	11:15 Leisure Swim		
4:00 Any Age Lengths - Lane Pool	11:15 18+ Shinny	11:30 Forever Fit		
5:00 Any Age	11:15 Leisure Swim	12:15 Leisure Swim		
Lengths - Lane Pool	11:30 Therapeutic	12:15 Public Skating		
5:15 Public Skating	Aquatics	12:30 Any Age		
6:00 Any Age	11:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool		
Lengths - Lane Pool	12:15 Leisure Swim	1:15 Leisure Swim		
6:15 Public Skating		1:15 45+ Shinny		
6:45 Leisure Swim	12:30 Forever Fit	1:30 Any Age		
7:00 Any Age	1:15 Preschool Stick & Puck	Lengths - Lane Pool		
Lengths - Lane Pool		2:15 Leisure Swim		
7:15 Public Skating	1:30 Any Age Lengths - Lane Pool	2:30 30 Minute Lengths		
	2:15 Preschool	3:00 Any Age		
	Stick & Puck	Lengths - Lane Pool		
	2:15 Therapeutic Aquatics	3:15 Ticket Ice		
	2:15 Therapeutic	3:15 Leisure Swim		
	Aquatics	5:00 Aquafit		
	2:30 30 Minute Lengths	6:45 Leisure Swim		
	3:00 Any Age	7:30 Any Age Lengths - Lane Pool		
	Lengths - Lane Pool	7:45 Use Your		
	3:15 Ticket Ice	Noodle		
	3:15 Strong and Steady	8:30 Any Age Lengths - Lane Pool		
	5:30 Aquafit			
	6:15 Leisure Swim			
	7:15 Leisure Swim			
	8:15 Leisure Swim			
	8:30 Any Age Lengths - Lane Pool			