October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						7:00 Any Age Lengths - Lane Pool
						7:00 Leisure Swim
						8:00 Leisure Swim
						8:00 Any Age Lengths - Lane Pool
						11:00 Boot Camp
						12:00 Therapeutic Aquatics
						12:00 Any Age Lengths - Lane Pool
						1:00 Any Age Lengths - Lane Pool
						2:30 Any Age Lengths - Lane Pool
						3:30 Any Age Lengths - Lane Pool
						4:30 Any Age Lengths - Lane Pool
						5:30 Any Age Lengths - Lane Pool
						6:30 Any Age Lengths - Lane Pool
						7:15 Public Skating
						8:15 Public Skating
2	3	4	5	6	7	8
7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Leisure Swim				
8:00 Soak and Stretch	6:00 Soak and Stretch	7:00 Any Age Lengths -				
8:30 Aquafit 9:30 Any Age	6:30 Any Age Lengths - Lane Pool	Lane Pool 8:00 Leisure				
Lengths - Lane Pool	7:00 Leisure Swim	Swim				

3:00 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	8:00 Any Age Lengths - Lane Pool
4:00 Any Age	8:00 Leisure Swim	8:30 Aquafit	8:00 Leisure Swim	8:00 Leisure Swim	8:00 Leisure Swim	11:00 Boot
Lengths - Lane Pool 4:00 Any Age	8:30 Aquafit	8:30 Leisure Swim	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit	Camp
4:00 Any Age Lengths - Lane Pool 4:00 Any Age	9:15 Preschool Stick & Puck	8:30 Leisure Swim 9:15 18+ Women's	9:15 50+ Public Skate	9:00 Leisure Swim 9:15 Preschool	9:30 Any Age Lengths - Lane Pool	11:00 Leisure Swim
Lengths - Lane Pool 4:15 Public Skating	9:30 Deep Water Aquafit 9:30 Any Age	Shinny 9:30 Leisure Swim 10:30 Water	9:30 Any Age Lengths - Lane Pool 9:30 Deep Water	Public Skate 10:15 Preschool Public Skate	9:30 Deep Water Aquafit 10:30 Any Age	12:00 Any Age Lengths - Lane Pool
5:00 Any Age Lengths - Lane Pool 5:15 Public Skating	Lengths - Lane Pool 10:00 Leisure Swim	Walking 10:30 Hip, Knee and	Aquafit 10:30 Any Age Lengths - Lane Pool	10:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool 10:30 Water Walking	12:00 Therapeutic Aquatics
6:00 Any Age Lengths - Lane Pool	10:15 Preschool Stick & Puck 10:30 Any Age	Back 10:30 Any Age Lengths - Lane Pool	10:30 Hip, Knee and Back	10:30 Therapeutic Aquatics 10:30 Water Walking	11:00 Public Skating 11:30 Therapeutic Aquatics	1:00 Leisure Swim
7:00 Any Age Lengths - Lane Pool	Lengths - Lane Pool 11:00 Public Skating	11:00 Public Skating	10:30 Water Walking 11:00 Public Skating	11:00 Public Skating	11:30 Any Age Lengths - Lane Pool	1:00 Any Age Lengths - Lane Pool
	11:15 18+ Shinny	11:15 18+ Shinny 11:30 Any Age	11:15 18+ Shinny	11:15 18+ Shinny 11:30 Forever Fit	12:30 Forever Fit	2:00 Leisure Swim
	11:15 65+ Pond Hockey	Lengths - Lane Pool 11:30 Forever Fit	11:15 65+ Pond Hockey	11:30 Any Age Lengths - Lane Pool	12:30 Any Age Lengths - Lane Pool 1:30 Any Age	2:30 Any Age Lengths - Lane Pool
	11:30 Therapeutic Aquatics 11:30 Any Age	12:00 Public Skating 12:30 Leisure Swim	11:30 Forever Fit 12:00 Public Skating	12:00 Public Skating 1:15 45+ Shinny	1:30 Any Age Lengths - Lane Pool 2:30 Use Your	3:30 Any Age
	Lengths - Lane Pool 12:00 Public Skating	1:15 Preschool Public Skate	12:30 Leisure Swim 12:30 Leisure Swim	1:30 Any Age Lengths - Lane Pool	2:30 Ose Four Noodle 3:00 Any Age	Lengths - Lane Pool
	12:30 Forever Fit	1:30 Any Age Lengths - Lane Pool	12:30 Leisure Swim	2:00 Use Your Noodle	Lengths - Lane Pool 3:30 Therapeutic	4:30 Any Age Lengths - Lane Pool
	12:30 Any Age Lengths - Lane Pool	2:00 Strong and Steady	1:00 Therapeutic Aquatics 1:30 Any Age	3:00 Strong and Steady	Aquatics 5:30 Aquafit	5:15 Public Skating
	12:30 Leisure Swim 1:15 45+ Shinny	2:15 Preschool Public Skate	Lengths - Lane Pool 2:00 Strong and	3:00 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool
	1:30 Any Age Lengths - Lane Pool	3:00 Any Age Lengths - Lane Pool	Steady 3:00 Leisure Swim	3:15 Child Stick & Puck	7:30 Leisure Swim 7:30 Any Age	5:30 Leisure Swim
	2:30 Therapeutic Aquatics	3:00 Therapeutic Aquatics	3:00 Any Age Lengths - Lane Pool	4:15 Child Stick & Puck	Lengths - Lane Pool 8:30 Any Age	6:15 Public Skating
	3:00 Any Age Lengths - Lane Pool	5:00 Aquafit 6:00 Use Your	3:15 Ticket Ice 5:30 Leisure Swim	7:30 Leisure Swim 8:30 Any Age	Lengths - Lane Pool	6:30 Any Age Lengths -
	3:15 Ticket Ice 3:30 Strong and	Noodle 7:30 Leisure Swim	6:30 Therapeutic Aquatics	Lengths - Lane Pool		Lane Pool 6:30 Leisure
	Steady 5:15 Public Skating	7:30 Any Age Lengths - Lane Pool	7:30 Leisure Swim			Swim
	5:30 Aquafit	8:30 Any Age	8:30 Any Age			
	6:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool			
	6:30 Therapeutic Aquatics					
	7:30 Leisure Swim					
	8:30 Any Age Lengths - Lane Pool					
9	10	11	12	13	14	15
7:30 Any Age Lengths - Lane Pool		5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Leisure Swim
8:00 Soak and Stretch		6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	7:00 Any Age Lengths - Lane Pool
8:30 Aquafit		6:30 Any Age	6:30 Any Age	6:30 Any Age	6:30 Any Age	

9:00 Leisure Swim		Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	8:00 Leisure
9:30 Any Age		7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	Swim
Lengths - Lane Pool 10:00 Leisure Swim		7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	8:00 Any Age Lengths - Lane Pool
1:00 Leisure Swim		8:30 Aquafit	8:00 Leisure Swim	8:00 Leisure Swim	8:00 Leisure Swim	11:00 Boot
2:00 Leisure Swim		8:30 Leisure Swim	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit	Camp
3:00 Leisure Swim		8:30 Leisure Swim	9:15 50+ Public Skate	9:00 Leisure Swim	9:30 Any Age	11:00 Leisure Swim
3:00 Any Age Lengths - Lane Pool		9:15 18+ Women's Shinny	9:30 Any Age Lengths - Lane Pool	9:15 Preschool Public Skate	Lengths - Lane Pool 9:30 Deep Water Aquafit	12:00 Any Age Lengths -
4:00 Any Age		9:30 Leisure Swim	9:30 Deep Water	10:15 Preschool Public Skate	10:30 Any Age	Lane Pool
Lengths - Lane Pool		10:30 Water Walking	Aquafit	10:30 Therapeutic	Lengths - Lane Pool	12:00
4:00 Leisure Swim		10:30 Hip, Knee and	10:30 Any Age	Aquatics	10:30 Water Walking	Therapeutic Aquatics
4:00 Any Age Lengths - Lane Pool		Back	Lengths - Lane Pool 10:30 Hip, Knee and	10:30 Any Age Lengths - Lane Pool	11:30 Therapeutic Aquatics	1:00 Leisure Swim
4:00 Any Age Lengths - Lane Pool		10:30 Any Age Lengths - Lane Pool	Back	10:30 Water Walking	11:30 Any Age	1:00 Any Age
5:00 Leisure Swim		11:00 Public Skating	10:30 Water Walking	11:00 Public Skating	Lengths - Lane Pool	Lengths -
		11:15 18+ Shinny	11:00 Public Skating	11:15 18+ Shinny	12:30 Forever Fit	Lane Pool
5:00 Any Age Lengths - Lane Pool		11:30 Any Age	11:15 18+ Shinny	11:30 Forever Fit	12:30 Any Age Lengths - Lane Pool	2:00 Leisure Swim
6:00 Leisure Swim		Lengths - Lane Pool 11:30 Forever Fit	11:15 65+ Pond Hockey	11:30 Any Age Lengths - Lane Pool	1:30 Any Age	2:30 Any Age Lengths -
6:00 Any Age Lengths - Lane Pool		12:00 Public Skating	11:30 Forever Fit	12:00 Public Skating	Lengths - Lane Pool	Lane Pool
6:00 Public Skating		12:30 Leisure Swim	12:00 Public Skating	12:30 Leisure Swim	2:30 Use Your Noodle	3:30 Any Age
7:00 Public Skating		1:15 Preschool	12:30 Leisure Swim	1:15 45+ Shinny	3:00 Any Age	Lengths - Lane Pool
7:00 Leisure Swim		Public Skate	12:30 Leisure Swim	1:30 Any Age	Lengths - Lane Pool	4:30 Any Age
7:00 Any Age		1:30 Any Age Lengths - Lane Pool	1:00 Therapeutic Aquatics	Lengths - Lane Pool	3:30 Therapeutic Aquatics	Lengths - Lane Pool
Lengths - Lane Pool		2:00 Strong and Steady	1:30 Any Age Lengths - Lane Pool	2:00 Use Your Noodle	5:00 Public Skating for Beginners	5:15 Public Skating
		2:15 Preschool Public Skate	2:00 Strong and Steady	3:00 Strong and Steady	5:30 Aquafit	5:30 Any Age Lengths -
		3:00 Any Age	3:00 Leisure Swim	3:00 Any Age Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool	Lane Pool
		Lengths - Lane Pool	3:00 Any Age	3:15 Child Stick &	7:30 Leisure Swim	5:30 Leisure Swim
		3:00 Therapeutic Aquatics	Lengths - Lane Pool 3:15 Ticket Ice	Puck 4:15 Child Stick &	7:30 Any Age Lengths - Lane Pool	6:15 Public
		5:00 Aquafit	5:30 Leisure Swim	Puck	8:30 Any Age	Skating
		6:00 Use Your Noodle	6:30 Therapeutic	7:30 Leisure Swim	Lengths - Lane Pool	6:30 Any Age Lengths - Lane Pool
		7:30 Leisure Swim	Aquatics 7:30 Leisure Swim	8:30 Any Age Lengths - Lane Pool		6:30 Leisure
		7:30 Any Age Lengths - Lane Pool	8:30 Any Age Lengths - Lane Pool			Swim
		8:30 Any Age Lengths - Lane Pool	Lenguis - Lane Poor			
16	17	18	19	20	21	22
7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Leisure Swim
8:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	7:00 Any Age Lengths -
8:30 Aquafit	6:30 Any Age	6:30 Any Age	6:30 Any Age	6:30 Any Age	6:30 Any Age	Lane Pool
9:00 Leisure Swim	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	8:00 Leisure Swim
9:30 Any Age	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	8:00 Any Age
Lengths - Lane Pool 10:00 Leisure Swim	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool

1:00 Leisure Swim	8:00 Leisure Swim	8:30 Aquafit	8:00 Leisure Swim	8:00 Leisure Swim	8:00 Leisure Swim	11:00 Boot
2:00 Leisure Swim	8:30 Aquafit	8:30 Leisure Swim	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit	Camp
3:00 Leisure Swim	9:15 Preschool Stick & Puck	8:30 Leisure Swim	9:15 50+ Public Skate	9:00 Leisure Swim	9:30 Any Age Lengths - Lane Pool	11:00 Leisure Swim
3:00 Any Age Lengths - Lane Pool	9:30 Deep Water Aquafit	9:15 18+ Women's Shinny	9:30 Any Age Lengths - Lane Pool	9:15 Preschool Public Skate	9:30 Deep Water Aquafit	12:00 Any Age Lengths -
4:00 Leisure Swim 4:00 Any Age	9:30 Any Age Lengths - Lane Pool	9:30 Leisure Swim 10:30 Water Walking	9:30 Deep Water Aquafit	10:15 Preschool Public Skate 10:30 Any Age	10:30 Any Age Lengths - Lane Pool	Lane Pool 12:00
Lengths - Lane Pool 4:00 Any Age	10:00 Leisure Swim	10:30 Hip, Knee and	10:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool	10:30 Water Walking	Therapeutic Aquatics
Lengths - Lane Pool	10:15 Preschool Stick & Puck	Back 10:30 Any Age	10:30 Hip, Knee and Back	10:30 Therapeutic Aquatics	11:30 Therapeutic Aquatics	1:00 Leisure Swim
4:00 Any Age Lengths - Lane Pool	10:30 Any Age Lengths - Lane Pool	Lengths - Lane Pool 11:00 Public Skating	10:30 Water Walking	10:30 Water Walking 11:00 Public Skating	11:30 Any Age Lengths - Lane Pool	1:00 Any Age Lengths -
5:00 Leisure Swim 5:00 Any Age	10:30 Water Walking	11:15 18+ Shinny	11:00 Public Skating	11:15 18+ Shinny	12:30 Forever Fit	Lane Pool 2:00 Leisure
Lengths - Lane Pool 6:00 Leisure Swim	11:00 Public Skating	11:30 Any Age Lengths - Lane Pool	11:15 18+ Shinny 11:15 65+ Pond	11:30 Forever Fit	12:30 Any Age Lengths - Lane Pool	Swim
6:00 Any Age	11:15 18+ Shinny 11:15 65+ Pond	11:30 Forever Fit	Hockey 11:30 Forever Fit	11:30 Any Age Lengths - Lane Pool	1:30 Any Age Lengths - Lane Pool	2:30 Any Age Lengths - Lane Pool
Lengths - Lane Pool 7:00 Any Age	Hockey 11:30 Therapeutic	12:00 Public Skating 12:30 Leisure Swim	12:00 Public Skating	12:00 Public Skating 12:30 Leisure Swim	2:30 Use Your Noodle	3:30 Any Age
Lengths - Lane Pool 7:00 Leisure Swim	Aquatics	1:15 Preschool Public Skate	12:30 Leisure Swim 12:30 Leisure Swim	1:15 45+ Shinny	3:00 Any Age Lengths - Lane Pool	Lengths - Lane Pool
7.00 Leisure Swim	11:30 Any Age Lengths - Lane Pool	1:30 Any Age	1:00 Therapeutic	1:30 Any Age Lengths - Lane Pool	3:30 Therapeutic Aquatics	4:30 Any Age Lengths - Lane Pool
	12:00 Public Skating 12:30 Forever Fit	Lengths - Lane Pool 2:00 Strong and	Aquatics 1:30 Any Age	2:00 Use Your Noodle	5:30 Aquafit	5:30 Leisure
	12:30 Any Age Lengths - Lane Pool	Steady 2:15 Preschool	Lengths - Lane Pool 2:00 Strong and	3:00 Strong and Steady	6:30 Any Age Lengths - Lane Pool	Swim 5:30 Any Age
	12:30 Leisure Swim	Public Skate 3:00 Any Age	Steady 3:00 Leisure Swim	3:00 Any Age Lengths - Lane Pool	7:30 Leisure Swim	Lengths - Lane Pool
	1:15 45+ Shinny	Lengths - Lane Pool	3:00 Any Age	3:15 Child Stick &	7:30 Any Age Lengths - Lane Pool	6:00 Public Skating
	1:30 Any Age Lengths - Lane Pool	3:00 Therapeutic Aquatics	Lengths - Lane Pool 3:15 Ticket Ice	Puck 4:15 Child Stick &	8:30 Any Age Lengths - Lane Pool	6:30 Any Age Lengths -
	2:30 Therapeutic Aquatics	5:00 Aquafit 6:00 Use Your	5:30 Leisure Swim	Puck 7:30 Leisure Swim		Lane Pool 6:30 Leisure
	3:00 Any Age Lengths - Lane Pool	Noodle 7:30 Leisure Swim	6:30 Therapeutic Aquatics	8:30 Any Age Lengths - Lane Pool		Swim
	3:15 Ticket Ice	7:30 Any Age	7:30 Leisure Swim 8:30 Any Age	Lengths Lune 1001		
	3:30 Strong and Steady	Lengths - Lane Pool 8:30 Any Age	Lengths - Lane Pool			
	5:15 Public Skating	Lengths - Lane Pool				
	5:30 Aquafit 6:30 Any Age Lengths - Lane Pool					
	6:30 Therapeutic Aquatics					
	7:30 Leisure Swim					
	8:30 Any Age Lengths - Lane Pool					
23	24	25	26	27	28	29
7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool	7:00 Any Age Lengths -
8:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	6:00 Soak and Stretch	Lane Pool 7:00 Leisure
8:30 Aquafit	6:30 Any Age	6:30 Any Age	6:30 Any Age	6:30 Any Age	6:30 Any Age	Swim

9:00 Leisure Swim	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool	Lengths - Lane Pool
9:30 Any Age	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim	7:00 Leisure Swim
Lengths - Lane Pool 10:00 Leisure Swim	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool	7:30 Any Age Lengths - Lane Pool
1:00 Leisure Swim	8:00 Leisure Swim	8:30 Aquafit	8:00 Leisure Swim	8:00 Leisure Swim	8:00 Leisure Swim
2:00 Leisure Swim	8:30 Aquafit	8:30 Leisure Swim	8:30 Aquafit	8:30 Aquafit	8:30 Aquafit
3:00 Leisure Swim	9:00 Public Skating	8:30 Leisure Swim	9:15 50+ Public	9:00 Leisure Swim	9:15 50+ Public
3:00 Any Age Lengths - Lane Pool	9:15 Preschool Stick & Puck	9:15 18+ Women's Shinny	Skate 9:30 Any Age	9:15 Preschool Public Skate	Skate 9:30 Any Age
4:00 Any Age Lengths - Lane Pool	9:30 Deep Water Aquafit	9:30 Leisure Swim 10:30 Water	Lengths - Lane Pool 9:30 Deep Water Aquafit	10:15 Preschool Public Skate	Lengths - Lane Pool 9:30 Deep Water Aquafit
4:00 Leisure Swim 4:00 Any Age	9:30 Any Age Lengths - Lane Pool	Walking 10:30 Hip, Knee and	10:30 Any Age Lengths - Lane Pool	10:30 Therapeutic Aquatics	10:30 Any Age Lengths - Lane Pool
Lengths - Lane Pool	10:00 Leisure Swim	Back	10:30 Hip, Knee and	10:30 Any Age Lengths - Lane Pool	10:30 Water Walking
4:00 Any Age Lengths - Lane Pool	10:15 Preschool Stick & Puck	10:30 Any Age Lengths - Lane Pool	Back	10:30 Water Walking	11:00 Public Skating
	10:30 Any Age	11:15 18+ Shinny	10:30 Water Walking	11:00 Public Skating	11:15 18+ Shinny
5:00 Leisure Swim	Lengths - Lane Pool	11:30 Any Age	11:00 Public Skating	11:15 18+ Shinny	11:15 65+ Pond
5:00 Any Age Lengths - Lane Pool	10:30 Water Walking	Lengths - Lane Pool	11:15 18+ Shinny	11:30 Forever Fit	Hockey
6:00 Leisure Swim 6:00 Any Age	11:00 18+ Shinny	11:30 Forever Fit 12:15 Public Skating	11:15 65+ Pond Hockey	11:30 Any Age Lengths - Lane Pool	11:30 Any Age Lengths - Lane Pool
Lengths - Lane Pool	11:15 65+ Pond Hockey	12:30 Leisure Swim	11:30 Forever Fit	12:00 Public Skating	11:30 Therapeutic Aquatics
7:00 Any Age Lengths - Lane Pool	11:30 Therapeutic Aquatics	1:15 Preschool Public Skate	12:00 Public Skating 12:30 Leisure Swim	12:30 Leisure Swim 1:15 45+ Shinny	12:00 Public Skating
7:00 Leisure Swim	11:30 Any Age	1:15 Public Skating	12:30 Leisure Swim	1:30 Any Age	12:30 Forever Fit
8:15 Public Skating	Lengths - Lane Pool 12:15 Public Skating	1:30 Any Age Lengths - Lane Pool	1:00 Therapeutic Aquatics	Lengths - Lane Pool 2:00 Use Your	12:30 Any Age Lengths - Lane Pool
	12:30 Forever Fit	2:00 Strong and Steady	1:30 Any Age Lengths - Lane Pool	3:00 Strong and	1:30 Any Age Lengths - Lane Pool
	12:30 Any Age Lengths - Lane Pool	2:15 Preschool Public Skate	2:00 Strong and Steady	Steady 3:00 Any Age	2:30 Use Your Noodle
	12:30 Leisure Swim	3:00 Any Age	3:00 Leisure Swim	Lengths - Lane Pool	3:00 Any Age Lengths - Lane Pool
	1:00 45+ Shinny 1:15 Public Skating	Lengths - Lane Pool 3:00 Therapeutic	3:00 Any Age Lengths - Lane Pool	3:15 Child Stick & Puck	3:15 Ticket Ice
	1:30 Any Age	Aquatics	3:15 Ticket Ice	4:15 Child Stick &	3:30 Therapeutic Aquatics
	Lengths - Lane Pool 2:00 Public Skating	5:00 Aquafit 6:00 Use Your	5:30 Leisure Swim	Puck 7:30 Leisure Swim	5:30 Aquafit
	2:30 Therapeutic	Noodle	6:30 Therapeutic Aquatics	8:30 Any Age	6:30 Any Age Lengths - Lane Pool
	Aquatics	7:30 Leisure Swim	7:30 Leisure Swim	Lengths - Lane Pool	7:30 Leisure Swim
	3:00 Public Skating 3:00 Any Age	7:30 Any Age Lengths - Lane Pool	8:30 Any Age Lengths - Lane Pool		7:30 Any Age Lengths - Lane Pool
	Lengths - Lane Pool 3:15 Ticket Ice	8:30 Any Age Lengths - Lane Pool			8:30 Any Age Lengths - Lane Pool
	3:30 Strong and Steady				Senguis Dane 1001
	5:15 Public Skating				
	5:30 Aquafit				
	6:30 Any Age Lengths - Lane Pool				
	6:30 Therapeutic Aquatics				
	7:30 Leisure Swim				
	8:30 Any Age Lengths - Lane Pool				
20					

31

30

8:00 Leisure Swim

8:00 Any Age

Lengths -

Lane Pool

11:00 Boot Camp

11:00 Leisure

12:00 Any

Age Lengths -Lane Pool

Therapeutic

1:00 Leisure

1:00 Any Age Lengths -

Lane Pool

Swim

2:00 Leisure

2:30 Any Age

3:30 Any Age

4:30 Any Age

Lengths -

Lane Pool

Lengths -Lane Pool

Lengths -

Lane Pool

Swim

5:30 Leisure

5:30 Any Age

6:30 Any Age Lengths -

Lane Pool

Swim

Skating

Skating

6:30 Leisure

7:15 Public

8:15 Public

Lengths -Lane Pool

Aquatics

Swim

Swim

12:00

7:30 Any Age Lengths - Lane Pool	5:30 Any Age Lengths - Lane Pool			
8:00 Soak and Stretch	6:00 Soak and Stretch			
8:30 Aquafit	6:30 Any Age			
9:00 Leisure Swim	Lengths - Lane Pool			
9:30 Any Age	7:00 Leisure Swim			
Lengths - Lane Pool 10:00 Leisure Swim	7:30 Any Age Lengths - Lane Pool			
1:00 Leisure Swim	8:00 Leisure Swim			
2:00 Leisure Swim	8:30 Aquafit			
3:00 Leisure Swim	9:15 Preschool Stick & Puck			
3:00 Any Age Lengths - Lane Pool	9:30 Deep Water Aquafit			
4:00 Leisure Swim	9:30 Any Age			
4:00 Any Age	Lengths - Lane Pool			
Lengths - Lane Pool	10:00 Leisure Swim			
4:00 Any Age Lengths - Lane Pool	10:15 Preschool Stick & Puck			
4:00 Any Age Lengths - Lane Pool	10:30 Any Age Lengths - Lane Pool			
4:15 Public Skating 5:00 Leisure Swim	10:30 Water Walking			
5:00 Any Age	11:00 Public Skating			
Lengths - Lane Pool 5:15 Public Skating	11:15 65+ Pond Hockey			
6:00 Leisure Swim	11:15 18+ Shinny			
6:00 Any Age Lengths - Lane Pool	11:30 Therapeutic Aquatics			
7:00 Any Age Lengths - Lane Pool	11:30 Any Age Lengths - Lane Pool			
7:00 Leisure Swim	12:00 Public Skating			
	12:30 Any Age Lengths - Lane Pool			
	12:30 Forever Fit			
	12:30 Leisure Swim			
	1:15 45+ Shinny			
	1:30 Any Age Lengths - Lane Pool			
	2:30 Therapeutic Aquatics			
	3:00 Any Age Lengths - Lane Pool			
	3:15 Ticket Ice			
	3:30 Strong and Steady			
	5:30 Aquafit			
	6:30 Any Age Lengths - Lane Pool			
	6:30 Therapeutic Aquatics			
	7:30 Leisure Swim			
	8:30 Any Age Lengths - Lane Pool			